



## **Starters**

*Cumbrian cured meats & cheeses, Williamsons green tomato chutney, "Staff of Life Bread" £6.90*

*Creamed white onion & cider soup, chive oil (v) £4.00*

*Grilled Cumbrian goat's cheese, roasted red pepper, basil (v) £5.50*

*Port of Lancaster hot & cold smoked salmon, horseradish cream, buttered crumpet £6.50*

*Chicken liver pate, apple & sultana chutney, "Staff of Life Bread" £4.50*

*Traditional prawn cocktail, wholemeal bread & butter £5.50*

## **Salads (starter or main)**

*Grilled chicken Caesar salad, anchovies, parmesan  
starter price £5.50, main price £8.50*

*Cos gem lettuce, blue cheese, croutons, chives (v)  
starter price £5.00, main price £8.00*

*Salad of confit duck, black pudding, crispy bacon  
starter price £6.95, main price £9.50*

(v) Suitable for vegetarians

## **Mains**

Braised Eden Valley Chicken, wild mushrooms, thyme cream  
**£12.00**

Staveley Cumberland curl, creamed potato,  
red wine sauce, onion rings **£9.00**

Tagliatelle, spinach, pine nuts, garlic (v) **£8.00**

Beer battered haddock, chunky chips, mushy peas, tartar  
sauce **£9.25**

Grilled fillet of salmon, crab crushed potatoes,  
tomato dressing **£11.50**

Slow cooked lamb shank, cous cous,  
chick peas & harissa **£14.50**

Locally made Cumbrian beef burger,  
grain mustard mayo, chunky chips & salad **£9.50**

Spiced vegetable, chick pea stew, coriander cous cous,  
cauliflower fritters (v) **£7.25**

## **Sharing dishes for 2**

Lamb hot pot, pickled red cabbage **£17.50**

Cottage pie, organic Kendal cream cheese crust **£17.50**

## **Sides (all side orders are priced at £1.95)**

Chunky chips

Buttered new potatoes

Mixed salad

Seasonal vegetables

Grilled mushrooms

Mashed potato

Onion rings

(v) Suitable for vegetarians

## **Sweets**

*Ginger bread & butter pudding, vanilla ice cream* **£5.00**

*Warm sticky toffee pudding, butterscotch sauce* **£4.75**

*Apple crumble, cinnamon crème fraiche* **£4.95**

*Selection of English Lakes ice creams* **£4.75**

*Apricot & passion fruit Pavlova* **£4.75**

*Cumbrian cheeses, chutney & biscuits* **£6.00**

## **Hot drinks**

*Cappuccino* **£2.20**

*Espresso* **£1.95**

*Latte* **£2.25**

*Hot Chocolate* **£2.40**

*Mocha* **£2.40**

*Cafetiere of coffee for one* **£2.25**

*Pot of Lakeland blends tea for one* **£2.25**

(v) Suitable for vegetarian

## **Sandwiches (12pm-6pm)**

*Mature cheddar cheese, fruit chutney (v) £4.50*

*Port of Lancaster smoked salmon, red onions, capers. £6.00*

*Cumberland sausage, fried onions £4.60*

*Prawns, iceberg lettuce, cocktail sauce £5.80*

*Sandwiches are served on either white, wholemeal bread or a freshly baked baguette, served with coleslaw, Kettle Chips.*

## **Jackets (12pm-6pm)**

*Jacket, mature cheddar cheese, baked beans (v) £4.50*

*Jacket, prawn cocktail sauce £5.00*

*Jacket, homemade coleslaw (v) £4.00*

*Jacket, mature cheddar cheese (v) £4.00*